



## **NAPPY CHANGING POLICY**

### **RATIONALE:**

To ensure that all nappies are changed in a safe and hygienic manner at Akoranga Preschool, respecting the rights of the children. Time and attention is invested in these core moments to ensure that they are a respectful experience for both child and adult.

### **TE WHĀRIKI**

Well-being – Goal 1. Children experience an environment where their health is promoted

### **PURPOSE:**

- To make sure that nappies are changed in a hygienic and safe manner
- To respect the rights of the children through respect and dignity while working through the nappy process

### **GUIDELINES:**

- Nappy change spaces are visible and monitored by permanent Kaiako.
- Regular relievers will be permitted to change nappies provided they have been shown and understand the nappy changing procedure, health and hygiene requirements, and as long as the child feels comfortable with them.
- A nappy changing procedure will be displayed in all nappy changing areas outlining the health and hygiene guidelines. All adults new to changing nappies at Akoranga Preschool will be shown this procedure by a permanent Kaiako before changing nappies.
- We will support any Whanau who wishes to use cloth nappies at the centre.
- Put gloves on, involve the child, talk about the process respecting their fears
- Talk the child through the process, making this a special time
- Never leave the child unattended. A teacher will remain close to the bathroom to support if needed to toilet learning children.
- Support older children if they require in the removal of their nappies before change/toileting, respecting their right of privacy
- Remove wet/soiled nappies and dispose in nappy bin, along with wipes and gloves
- Parents to supplying their own nappies and wipes
- A diluted disinfectant will be used to clean nappy mat after each change

- Put fresh nappy on and re-dress the child
- Return to wipe down nappy mat and wash your hands
- Record all changes or checks on nappy chart
- Students are not permitted to change nappies

### **CONSULTATION:**

- Who? Families/whanau
- How? Written and discussion
- When?

Date: February 2025

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